



Youth Adventure Programming

Overview

A Youth First program of Source Consulting Group



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www.Youth-First.com



OVERVIEW

Argonaut (n): Someone engaged in a potentially high-reward adventure.

Adventure (n): An incredibly exciting and unforgettable experience.

Young people love adventure! Take the bold approach to your youth development programming with **The Argonaut Approach™**. For the Argonauts, it was a precarious quest for the Golden Fleece. For youth it's the quest for who they are, and who they can be in an intense world – the stakes are still high. Engage youth in an adventure learning experience *they will never forget* and watch their learning process ignite.

The Argonaut Approach™ goes beyond the simple understanding of concepts, and takes participants into kinesthetic challenges where they gain immediate, relevant knowledge...and have a lot of fun doing it.

In today's world, young people are exposed to images and ideas that require them to make sophisticated decisions about their lives. These decisions will affect them forever.

Youth need opportunities to practice decision-making skills *and* opportunities to practice communication and leadership skills that will assist them in their development as responsible people.

The Argonaut Approach™ provides safe, yet challenging and engaging experiences to practice communication, leadership, and decision-making. The processes are exciting, fully-engaging simulations that require cooperation, communication, and conscious decision-making.

It's not enough to gain cerebral awareness of a skill or a concept. **The Argonaut Approach™** offers challenge initiatives that immediately reveal learning opportunities for development. There is no guess work; the adventure activities bring clarity to necessary learning focus and the facilitation offers the tools for developing the skills.

THE CHALLENGE COURSE

This program uses a low-ropes challenge course format; these are high-energy adventure experiences engaging mental and physical skills. A course consists of strategically designed 'obstacles,' simulating situations that cultivate synergy and innovation. A series of activities on and near the ground, are safely constructed of either wood, climbing rope, steel cable or a combination of these materials. Activities can occur outdoors or in a large room setting. In either environment, the program provides total learning immersion and engagement.

Highly trained facilitators utilize the course to build and emphasize skills and underscore specific group objectives as defined by each client. These may include enhancing group/individual confidence, energizing the synergy in *any* group, or focused awareness on interpersonal and affective skills. This all occurs within the context of respect, safety, *and* adventurous fun.

The Argonaut Approach™ may utilize local courses in addition to portable elements and on the spot creation of challenge elements using an event site's environment.

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Source Consulting Group's skilled facilitators know how to maintain the intrigue in the challenge process, yet maintain excellent standards of emotional and physical safety. Participants are so dynamically involved in the process, that awareness gained comes direct; ownership and actualization of learning is instantly available.

CORE LEARNING OBJECTIVES

In addition to the following core objectives, we can customize a powerful program based on your event site, participant scenario and specific organizational objectives.

Participants will advance skills in:

- Clear communication that leads to breakthrough, success, and empowered action;
- Leadership that promotes problem solving innovation, engagement, and team awareness;
- Respect for and integration of diverse perspectives, working styles, and cultural norms; and,
- Connection to an internal stability that supports making healthy choices.

Debriefs to mine for and connect the learning to the activity experience occurs after each activity module. Each program includes a full group debrief upon the completion of the adventure.

THE ACTIVITIES

The challenge level of each activity/element can be significantly adjusted to meet each group's needs. Our facilitators monitor and focus on safety as first priority.

Upon learning about your programmatic needs, we provide an overview of recommended activity modules from which to choose. We have an extensive list and can find, modify or create the best activity scenario for your team.

Let **The Argonaut Approach™** create a powerful learning adventure for the youth in your program.

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